



2022-2023

JULY 1, 2022 - JUNE 30, 2023

ANNUAL REPORT

Developing Effective Leaders for the Workplace and Community



Class of 2023 - Opening Overnight Retreat at The Lodges at Gettysburg

Thank you to our sponsors who supported us throughout the past year and for their ongoing support. Without the financial contribution from our generous sponsors, our program would not be what it is today.

VISIONARY INVESTOR



LEGACY LEADER



LEADERSHIP PARTNERS



LEADERS AT LUNCH SERIES

LEADERS & LEGENDS ALUMNI AWARDS



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NETWORKING



PROFESSIONAL DEVELOPMENT

NONPROFIT TRAINING SERIES



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2022-2023 JUNIOR LEADERSHIP PROGRAM SPONSORS

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Scott Coburn '17

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Taylor Griffiths '16

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Robb Keith

Members 1st FCU

Ashley Kurtz '16

CAEDC

Kellan Lowe '16

Volvo CE

Safronia Perry '18

Hope Station

Kyle Petty '18

Orrstown Bank

Morgan Rector '19

M&T Bank

Justin Witmer '13

F&M Trust

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McNees Wallace & Nurick LLC

Nicole Deary - Program Director - LC Fellows Program & CEO, Carlisle Chamber of Commerce

George M. Book, Jr. - Program Director - JLC Program & CEO, West Shore Chamber of Commerce



[L - R] – Robb Keith, John Anthony, Safronia Perry, Scott Coburn, Devon Sprenkle, Patrick Lundquist, Ashley Kurtz, Brooke Murphy, George M. Book Jr., Preeti Ghosh, Taylor Griffiths, Kellan Lowe, Justin Witmer, Barrie Ann George, John W. Friend, Kyle Petty, and Nicole Deary.

COMMITTEES

Alumni Committee

1st Wednesday, 3:00 – 4:00 PM

Chair: Barrie Ann George, **Co-Chair:** Nina Reese

Committee Members: Desiree Bucke, Nicole Deary, Susan Dworsak, Taylor Griffiths, Alex Hill, Carley Miller, Justin Shaulis

Helps plan networking and development events for alumni, along with assisting in increasing alumni engagement.

Curriculum Committee

2nd Wednesday, 3:00 – 4:00 PM

Chair: Ashley Kurtz, **Co-Chair:** Heather Knisely

Committee Members: Nicole Deary, Kellan Lowe, Jason Maddux, Safronia Perry, Kyle Petty, Morgan Rector, Jennifer Wintermyer

Helps define the curriculum for the current class, build relationships with nonprofit partners, evaluate guest faculty, and assist with class projects.

Junior Leadership Cumberland Committee

3rd Tuesday, 8:00 – 9:00 AM

Chair: John Anthony, **Co-Chair:** Jeannette Magaro

Committee Members: George Book, Scott Coburn, John Friend, Robb Keith, Donovan Lindsay, Jodi Major, Eric Sands

Coordinates and facilitates the Junior Leadership Cumberland program, including recruitment, curriculum, presentations, and class community service projects.

Marketing Committee

Quarterly on the Last Wednesday, 10:00 – 11:00 AM

Chair: Justin Witmer, **Co-Chair:** Lutricia Eberly

Committee Members: Megan Atticks, George Book, Krystin Blauch, Jay Cattron, Nicole Deary, Aaron Jumper, John Martin, Kristina Voss, Austin Wolfe

Plans social media, advertising, electronic/print communications, and FUNdraising ideas.



Thank you to our outgoing Board Members, Taylor Griffiths '16 and Justin Witmer '13 for their time, support, and leadership while on the board! Additionally, thank you to John W. Friend, for his service while leading as our Board President!



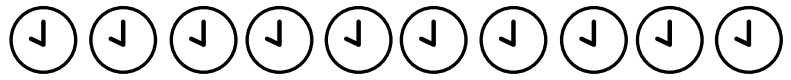
BY THE NUMBERS



37 ADULTS
&
37 HIGH SCHOOL JUNIORS

The Leadership Cumberland Class of 2023 met for **10** sessions totaling over **100 LEADERSHIP CONTENT HOURS**

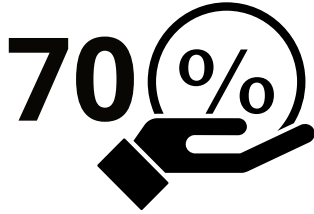
1 CLOCK = 10 HOURS



PARTICIPATED IN OUR LEADERSHIP PROGRAMS THIS YEAR.

#LCAA PROUD

LC ALUMNI ASSOCIATION WITH **73** MEMBERS SO FAR!



70% OF THE LC CLASS OF 2023 WILL SERVE THEIR NONPROFIT BOARD IN SOME WAY AFTER GRADUATION

2/3 OF THE FELLOWS CLASS FELT THAT THE YEAR-LONG BOARD INTERNSHIP WAS A VALUABLE EXPERIENCE IN THEIR TRAINING

MORE THAN **630** LC GRADUATES SINCE 1989 &

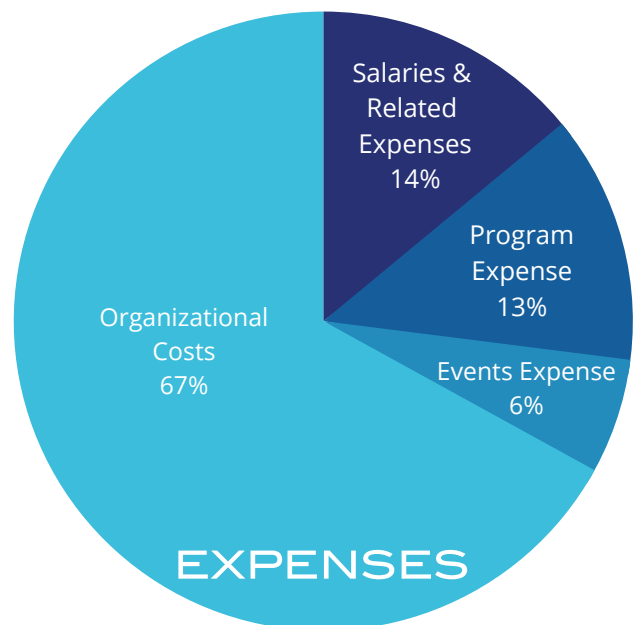
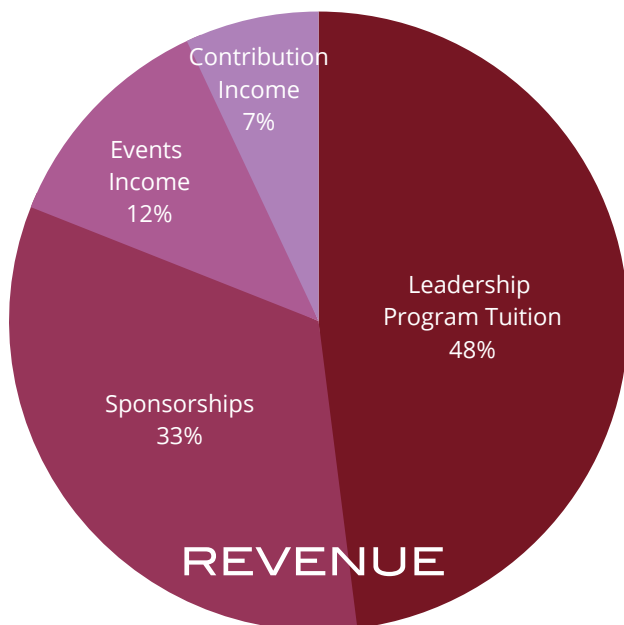
OVER **80** JLC GRADUATES SINCE 2020

BOTH THE LC & JLC CLASSES AGREED THAT MENTAL HEALTH IS IMPORTANT AND NEEDS TO BE A FOCUS FOR THE COMMUNITY



100% OF THE CLASS SAID THE PROGRAM MET OR EXCEEDED THEIR EXPECTATIONS!

INCOME & EXPENSES



YEAR ENDING JUNE 30, 2023

MEET THE JUNIOR LEADERSHIP CLASS OF 2023

Junior Leadership Cumberland (JLC) is designed for high school students in their Junior year. The program is designed to familiarize young leaders with the various elements that form a strong and dynamic community and to help students develop leadership skills. JLC consists of an orientation, a series of six monthly weekday sessions, a weekend community event, and a graduation ceremony.



Student Name	High School
Penelope Brosius	<i>Cumberland Perry Area CTC</i>
Charli Burns	<i>Cumberland Valley</i>
Natalie Buss	<i>Carlisle</i>
Jonathan Chang	<i>Cumberland Valley</i>
Laney Dixon	<i>Camp Hill</i>
Kathleen Fencel	<i>Cumberland Valley</i>
Jana Fetterman	<i>Carlisle</i>
Addison Firestone	<i>Cumberland Valley</i>
Katelyn Ford	<i>Cumberland Valley</i>
Peter Gaudion	<i>Camp Hill</i>
Mikayla Gay	<i>Cedar Cliff</i>
Abigail Gross	<i>Mechanicsburg Area</i>
Olivia Hollen	<i>Boiling Springs</i>
Ahnika Hoover	<i>Boiling Springs</i>
Elizabeth Howard	<i>Trinity</i>
Gage Hughes	<i>Boiling Springs</i>
Xavier Jackson	<i>Camp Hill</i>

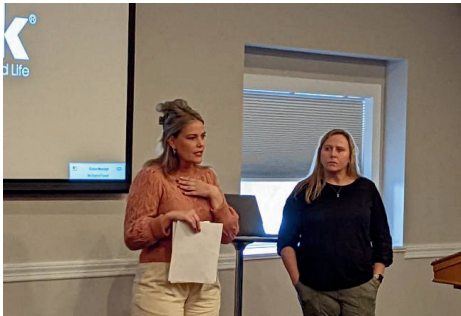
Student Name	High School
Cassidy Knight	<i>Camp Hill</i>
Sri Koneru	<i>Cumberland Valley</i>
Nate Kubasko	<i>Mechanicsburg Area</i>
Madigan Lesko	<i>Camp Hill</i>
Megha Lomada	<i>Cumberland Valley</i>
Brielle Major	<i>Cedar Cliff</i>
Audrey Markievich	<i>Cedar Cliff</i>
Likitha Nalla	<i>Cumberland Valley</i>
Oliver Paris	<i>Mechanicsburg Area</i>
Avery Pion	<i>Cumberland Valley</i>
Tyler Rogers	<i>Cedar Cliff</i>
Ryan Shoen	<i>Camp Hill</i>
Kathy Tiet	<i>Cumberland Valley</i>
Benjamin Trautlein	<i>Cumberland Valley</i>
Peyton Weekley	<i>Big Spring</i>
Ravi Zumkhawala-Cook	<i>Camp Hill</i>

Thank you to James Carchidi, Chief Enthusiasm Officer of the JFC Staffing Companies, and our JLC Graduation Speaker. He is an avid student in the fields of neuroscience, leadership, organizational development, and psychology. James wants to inspire the world to generate greater mental effectiveness, so that people can realize more of their potential!



JLC GUEST SPEAKERS

An integral part of this program is the student interaction with community leaders from Central PA. Thank you to all of the guest speakers that took time out of their daily schedule to present in person to the students during the 2022-2023 class year.



- | | |
|------------------------|--|
| John Anthony | <i>Fairway Independent Mortgage</i> |
| Jessica Brewbaker | <i>Cumberland County Judge</i> |
| Brooke Butler Wagner | <i>Playa Bowls</i> |
| Lynn Carson | <i>UPMC Children's Advocacy Center</i> |
| Gary Coburn | <i>Hampden Township Veterans Park</i> |
| Hannah Dalpiaz | <i>Penn State Health</i> |
| Timothy DeFoor | <i>Pennsylvania's 52nd Auditor General</i> |
| Ben Ditchcreek | <i>Volvo CE North America</i> |
| Nathan Evans | <i>UPMC West Shore & Women's Health</i> |
| Michelle Ford, PhD | <i>Dickinson College</i> |
| Karen Geesaman | <i>Volvo CE North America</i> |
| Kelli Gift | <i>Striving2Thrive</i> |
| Doug Gochenaur | <i>Hampden Township Fire Station</i> |
| Lauren Isch | <i>Volvo CE North America</i> |
| Melissa Janicki | <i>Penn State Health</i> |
| Rep. Patty Kim | <i>PA State Representative</i> |
| Dr. Saketram Komanduri | <i>UPMC Cardiovascular Fellow</i> |
| Dr. Layne Lebo | <i>Mechanicsburg School Board Member</i> |
| Donovin Lindsay | <i>College Knowledge</i> |
| Lindsay Longwell | <i>Penn State Health Holy Spirit</i> |
| Jeannette Louise | <i>Storytelling Marketing Communications</i> |
| Kellan Lowe | <i>Volve CE North America</i> |
| Jodi Major | <i>AFH Media LLC</i> |
| George Nahodil | <i>Members 1st Federal Credit Union</i> |
| Paulo Oliveira | <i>UPMC</i> |
| Steve Riccio | <i>Dickinson College</i> |
| Jose Rosales | <i>Volve CE North America</i> |
| Aaron Spina | <i>Harrisburg University of Science & Technology</i> |
| Andy Williford | <i>Volvo CE North America</i> |

HOST SPONSORS

Thank you to the organizations around Cumberland County that hosted our Junior Leadership Classes for the 2022-2023 class year:

- Cumberland County Historical Society
- Frederick House
- Members 1st Federal Credit Union
- Diakon Youth Services
- Good Hope Fire Station
- Volvo Construction Equipment
- UPMC Fredrickson Outpatient Center

We appreciate the hospitality and teaching our students about their organizations!

MEET THE FELLOWS - CLASS OF 2023

Our fellows represent a diverse group of emerging leaders of all ages from a variety of industries. Day-long classes address the following outcomes: leadership skills, community service, networking, personal development, and knowledge of the County. Classes are held each month at various businesses throughout Cumberland County.

Participants also select internships at nonprofits to serve as non-voting board members in order to gain a deeper understanding and appreciation of community needs and boardsmanship. Approximately **70%** of the class will become voting board members for their selected nonprofit after graduation.



Name	Sponsoring Organization and/or Employer	Board Internship
Patrick Bourque	<i>Cumberland Area Economic Development Corp.</i>	Hampden Township Veterans Recog. Comm.
Kimberly Bury	<i>Sadler Health Center</i>	Carlisle Young Professionals
Aliyah Constant	<i>Comfort Suites-Camp Hill/Comfort Inn-Carlisle</i>	Hope Station
Nicole Coy	<i>The Tuckey Companies</i>	Employment Skills Center
Evan Dickinson	<i>Orrstown Bank</i>	Carlisle Area Chamber of Commerce
Amanda Dunn	<i>Big Brothers Big Sisters of the Capital Region</i>	HOBY International
Theresa Festivo	<i>M&T Bank</i>	Project SHARE of Carlisle
Cyndi Lou Foster	<i>High Hotels Ltd.</i>	MPI Middle Pennsylvania Chapter
Samantha Garvey	<i>Tri County Community Action</i>	Cumberland County Library Sys. Foundation
Brian Gochenour	<i>Carlisle Area School District</i>	Project SHARE of Carlisle
Douglas Gochenaur	<i>Hampden Township</i>	Mechanicsburg Chamber of Commerce
Jennifer Goetz	<i>Cumberland County</i>	Carlisle Family Life Center
Isabelle Harman	<i>YellowBird Publishing</i>	Downtown Carlisle Association
Chinu Heighes	<i>Members 1st Federal Credit Union</i>	AIACPA
Corinne Hempt	<i>PaySmart Payroll Services</i>	Domestic Violence Serv. of Cumb. & Perry
Benjamin Hursh	<i>SEK CPAs & Advisors</i>	Harrisburg Christian Performing Arts
Gary Ingraham	<i>Bosler Memorial Library</i>	Joseph T. Simpson Public Library
Tom Kaden	<i>Someone To Tell It To</i>	Someone To Tell It To
Lindsay Longwell	<i>Penn State Health Holy Spirit Medical Center</i>	Contact Helpline
Patrick Lundquist	<i>UPMC Carlisle</i>	West Shore Young Professionals
Barry Main	<i>Carlisle Barracks MWR</i>	Carlisle Family YMCA
Nicole McCartan	<i>STEM-UP Network</i>	Cumberland Area Economic Devel. Corp.
Tomeka McDonald	<i>Hope Station</i>	Hope Station
Cory Melchior	<i>Morgan Stanley</i>	West Shore Young Professionals
Ryan Mentzer	<i>Eckert Seamans Cherin & Mellot, LLC</i>	Mechanicsburg Chamber of Commerce
Katherine Michael	<i>UPMC West Shore</i>	LEAF Project Inc.
Brandon Miller	<i>GIANT</i>	Friends of Joseph T. Simpson Library
Melissa Ocker	<i>Carlisle Early Education Center</i>	Carlisle Early Learning Center
Theresa Rice	<i>AmeriCorps VISTA</i>	Summer Program for Youth
Matt Sheibley	<i>F&M Trust</i>	Safe Harbour, Inc.
Lisa Snedeker	<i>UPMC Carlisle</i>	Carlisle Health Auxillary
Jeanna Som	<i>Summer Program for Youth</i>	Big Brothers Big Sisters of the Capital Reg.
Devon Sprengle	<i>Penn State Health Hampden & Holy Spirit Medical Ctr</i>	Leadership Cumberland
Matthew Stets	<i>Playa Bowls Carlisle</i>	Upper Frankford Volunteer Fire Company
Meg Welliver	<i>Volvo Construction Equipment</i>	YWCA Carlisle & Cumberland County
Allison Willson	<i>Boyer & Ritter LLC</i>	Tri County Community Action

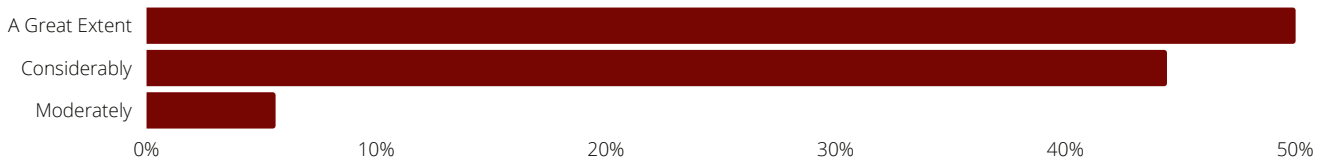
LC PROGRAM OUTCOMES

Our Fellows graduate with enhanced leadership competencies due to our community involvement, enhanced skill development, and intense professional and personal development curriculum. Volunteerism, leadership, and shaping the future of workplaces and organizations that serve Cumberland County are the primary objectives of the program.

In addition to Positive Leadership teachings, the core curriculum focuses on five outcomes that are measured throughout the program and surveyed at the end of the year:

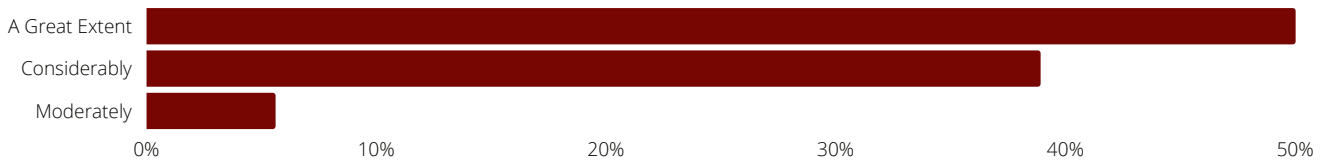
✓ LEADERSHIP

My current understanding of leadership theories and practices increased:



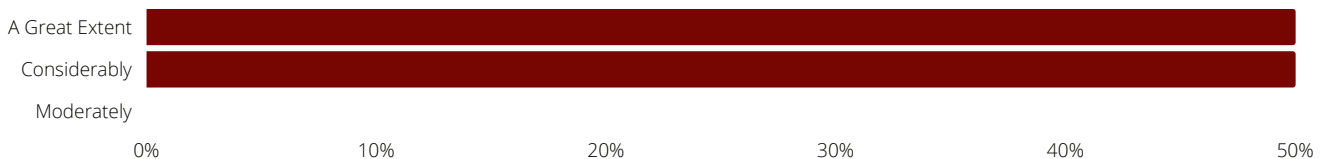
✓ COMMUNITY SERVICE

My desire to become active in community service or public office has increased:



✓ PROFESSIONAL DEVELOPMENT

My current understanding of my personal style, traits, and tendencies and how they enhance and/or hinder my interactions increased:



✓ NETWORKING

My current ability or confidence to professionally network in order to enhance my goals increased:



✓ KNOWLEDGE OF THE COUNTY

My current knowledge/understanding of the services provided through nonprofits in Cumberland County increased:



GUEST FACULTY

The success of our Fellows is due in large part to the time, dedication, and skills of our guest faculty. We recognize the importance that they bring to our program and are grateful for everything that they do. Guest faculty teach our Fellows a multitude of leadership competencies. Without them, Leadership Cumberland would not be possible.

- Ivy Buchan, Ph.D.**, *Helix Strategies LLC*
- Angella Dagenhart**, *Volvo Group*
- Katie Gray**, *Cumberland Area Ec. Devel. Corp.*
- Dan Jensen, D.Ed.**, *Harrisburg University*
- Tom Kaden**, *Someone To Tell It To*
- Heather Knisely**, *Orrstown Bank*
- Mary Kuna**, *Cumberland Cty Housing & Redev. Auth.*
- Jason Maddux**, *United Way of Cumb. & Perry Counties*
- Matthew March**, *Cumberland County Hist. Society*
- Jesse McCree**, *SCPa Works*
- Cate Mellen**, *Carlisle Family YMCA*
- Beck Moore**, *Community Action Association of PA*
- Tina Nixon**, *UPMC Central PA*
- Laura Potthoff**, *F&M Trust*
- Steve Riccio, Ed. D.**, *Dering Consulting*
- Scott Shewell**, *Safe Harbour, Inc.*
- Dr. Marcellus Taylor**, *Partnership For Better Health*
- Bob Weed**, *Project SHARE*
- Jennifer Wintermyer**, *Tri County Community Action*

**Guest Faculty photos are viewed Left to Right in alphabetical order*



HOST SPONSORS

Leadership Cumberland classes are held at a different location each month in order to provide Fellows with a greater knowledge of Cumberland County. Host sponsors provide us with the use of their location, refreshments, and lunch for our Fellows. They also provide onsite tours and educate our Fellows about their businesses. Thank you to the following businesses that allowed us to meet at their location this year!

- Cumberland County Historical Society
- Diakon Youth Services
- Keystone Musical Arts Center
- Members 1st Federal Credit Union
- Orrstown Bank
- Penn State Health Holy Spirit Medical Center
- Volvo Construction Equipment

LC ALUMNI ASSOCIATION

LC alumni can be found working for many diverse employers and serve as board members and volunteers for many local nonprofit organizations. Our Alumni Committee has created a new way for everyone to be able to connect, network, and continue their path of professional and personal development. We invite you to be a part of the LC Alumni Association (LCAA).

LCAA Benefits Include:

- Access to online Alumni Portal
- Access to recordings of Ongoing Education Webinars & Nonprofit Trainings
- Discounted tickets to Signature Events like Legends & Leaders Event & LC Sunday Funday
- Free admission to upcoming Nonprofit Trainings
- Recognition online as a member
- Opportunity to be featured on Alumni Spotlight page on our website
- Access to private LC Alumni Association Facebook group

2023-24 Membership Rate = \$50

Estimated Value of Benefits = \$500+

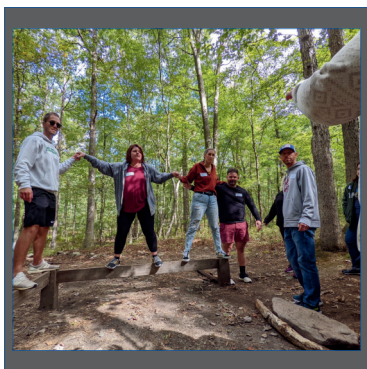


A list of all of our current LCAA Members can be found here on our website! #LCProud



LC FELLOWS & JLC RETREATS

In our Adult Program, Fellows spend the 2-day overnight retreat at The Lodges at Gettysburg and Diakon Youth Services creating a Cohort (Team Building), selecting their Board Internships, understanding their DiSC Personality Styles, and completing a High and Low Ropes Course at Diakon.



Our JLC students participate in a half-day retreat at Diakon Youth Services in order to break the ice and get to know each other. They engage in fun team-building activities such as the high and low ropes courses, establish group norms, and begin to develop relationships with one another.

SPONSORED BY:



FALL 2022

In the Fall of 2022, we honored Laura Lacroix, Shawna Saunders, and Denise Ackroyd of the UPMC Street Feet Program for their dedication and impact on homelessness in the Central PA region and our community.

All people should have access to the same quality, equitable care no matter where they live. The UPMC Street Feet Program covers Dauphin, Cumberland, and Perry

counties, and was formed in March of 2021. It's a program that delivers foot care to people experiencing homelessness in the setting where they feel most comfortable – in shelters, encampments, soup kitchens, under bridges, and in the woods. This program is built on community partnerships and trust between homeless individuals and health care teams.



[L-R] - Jeff Gayman, Laura Lacroix, Shawna Saunders, Denise Ackroyd, Barrie Ann George, John W. Friend

SPRING 2023

In the Spring, we honored Sharina Johnson, CEO and Co-Founder of Arcana Recovery for her courage and commitment to using her experiences to help others on their recovery journey. We also heard from Jay Jayamohan, Executive Director of the Center for Innovation & Entrepreneurship at Harrisburg University of Science and Technology about their role in helping Arcana Recovery come to be and a Mental Health Panel discussion with representatives from UPMC and Penn State Health.

In 2021 Sharina Johnson, a combat veteran, created Arcana Recovery, an AI-driven mobile app to provide full-service streamlined support to people living with substance abuse disorder after her own battle with substance abuse. In the Fall of 2022, her company was one of five highlighted as recipients of an investment from Ben Franklin Technology Partners TechCelerator Program in addition to working with Harrisburg University's Center for Innovation & Entrepreneurship (CIE) to develop Arcana. "Love and empathy are very important to people living with substance abuse disorder. We are capable of making our own decisions, but we definitely need a support team that wants us to be great. Arcana does just that," said Johnson.



[L-R] - John W. Friend, Nicole Deary, Sharina Johnson, George Book, Kyle Petty

BUS TRIPS



CUMBERLAND COUNTY TRIP

SPONSORED BY:



Fellows enjoyed touring the County and learning about tourism and “hidden gems” in their communities. Fellows toured the Army Heritage Education Center, Rolls Royce Museum, Paulus Farm Market, West Shore Theatre, and Springate Winery.

GETTYSBURG TRIP

SPONSORED BY:



Fellows had the unique opportunity to participate in the same staff ride as US Army War College students. Each year, Dr. Any Lippert guides the class through the Gettysburg Battlefield to highlight monumental leadership lessons learned that still apply today.



NONPROFIT TRAININGS



Continuing our series with Partnership for Better Health (PFBH), Leadership Cumberland hosted two online nonprofit trainings for nonprofit leadership, staff, and our alumni serving on boards.



"Fundraising Events Master Class" - 10.11.2022

Chad Barger, CFRE, *Productive Fundraising*

Fundraising master trainer, Chad Barger, CFRE, presented a master class focused on ensuring that fundraising events serve the proper role at your organization. Participants learned the true purpose of events and actionable steps that they can take to revamp the events at their organization. A special focus of the day was boosting profitability from existing events as well as making events less staff intensive.



"Developing the Future - Succession Planning" - 5.4.2023

Jim Rowell, *Rising Sun Consultants*

This one-hour webinar offered an interactive discussion about what succession planning is, why it is important, the principles, and steps to consider when building a succession plan.

LEADERS & LEGENDS

At the Leaders & Legends Alumni Awards, we highlight previous Leadership Cumberland Fellows, Board Members, or Committee Members for their dedication to service, nonprofit leadership, and the community. The following individuals have been honored with the awards below.

SPONSORED BY:



THE DENVER AWARD

Barrie Ann George '17

Development Director, Safe Harbour, Inc.

Honorary Recipient: The Tuckey Family, *Tuckey Companies*

Named after the late Denver Tuckey, one of our founding members, this award celebrates his legacy and vision to make sure the nonprofit community never ran out of leaders willing to serve. The Denver Award is presented to an LC graduate for their distinguished contributions to numerous not-for-profit organizations, either through their career and/or volunteer work.

SHINING SERVICE AWARD

Megan E. Peterson '16

Equity & Program Inclusion Manager, *Central Penn College*

Honorary Recipient: Brooke Butler Wagner '19, *Playa Bowls*

Named in honor of alumnus, Brooke Butler Wagner '19, this award celebrates her community leadership and selfless desire to see people shine. The Shining Service Award is presented to an LC graduate for their outstanding example of how our fellows are making a difference in the community through their leadership and service.



#LCPROUD AWARD

David Metz

Executive Director & Financial Planner, *Morgan Stanley*

Honorary Recipient: Taylor Griffiths '16, *FEMA*
[Steve Spangler pictured accepting the award on behalf of Taylor Griffiths]

Named affectionately after our favorite hashtag, this award is presented to a program graduate, board, or committee member whose contributions have significantly impacted Leadership Cumberland's mission and programming.

LEADERSHIP CUMBERLAND TESTIMONIALS



“ When I think of LC, my first reflection is "family". While it may be odd to consider 35 people a "family", I assure you there is no better definition. This group of individuals, all unique in their personalities, professions, and purpose, has easily become my favorite group of humans. As a tenured professional, having experienced many forms of "leadership training" over the years, this program and the takeaways from each session, each speaker, and each classmate are unparalleled. I'm forever blessed to be on this journey with my LC Family!

Cyndi Lou Foster '23
High Hotels Ltd.

”

“ We're so thankful for the opportunity to host LC Fellows on our Board of Directors. At first, we weren't sure what to expect because the interns are in a non-voting role, but we quickly realized that they bring incredible value to each meeting. While learning about us through their internship, they are learning about the greater community, other nonprofits, leadership, and board governance through LC - a combination of which makes them uniquely prepared when they graduate. Nearly every Fellow we've hosted has joined our Board as a full voting member after graduating, and because of their skills and confidence, they also quickly move into leadership roles on our Board. If you are struggling with attracting engaged board members or finding board members who understand nonprofit governance, I highly encourage you to get involved with LC Board Internship process.

Jennifer Wintermyer '15 - *Tri County Community Action*

”



“ As busy leaders, sometimes the hardest decision we ever have to make is the one where we choose to invest in ourselves. The best leaders are the ones who are constantly thinking about ways to serve those we lead, but we also know how vital it is to care for our own sense of well-being so we can be our very best selves. Leadership Cumberland has helped me to learn that when we know our limits, are aware of when we bump up against our boundaries, and we step back to restore and revive our emotional and relational capacities, we are better leaders and human beings. Leadership Cumberland has been one of the best investments I've ever made for myself in terms of fostering deeper relationships, deeper community, and a deeper understanding of the high price - and the necessary self-care involved - in leading.

Tom Kaden '23 - *Someone To Tell It To*

”

CONTACT US

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director@leadershipcumberland.org
LeadershipCumberland.org

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