JANUARY 2024

THE JLC CLASS LEARNED HOW TO "PUT FIRST THINGS FIRST"



Our JLC Class held their last class of 2023 in December at the Hampden Township Volunteer Fire Company in Mechanicsburg! Coach Mike Greene of IntegrityWorks Coaching, started off the day with his presentation on Habit 3: Putting First Things First. Then the students took a tour of the station to learn more about the volunteer fire company and were a part of a leadership discussion. Kelli Gift, owner of Striving2Thrive, continued the day with a Colors Assessment with the students before and after lunch. A big thank you to JLC Committee member, Megan Frye, with Edward Jones, for providing the session lunch.

To finish out the day with their Community Service Spotlight, the students heard about Radiant Hope, a nonprofit created to support and encourage those whose lives have been impacted by cancer. Joanna Dennstaedt, Founder of the organization shared her story with the students and how they could be involved with the organization.

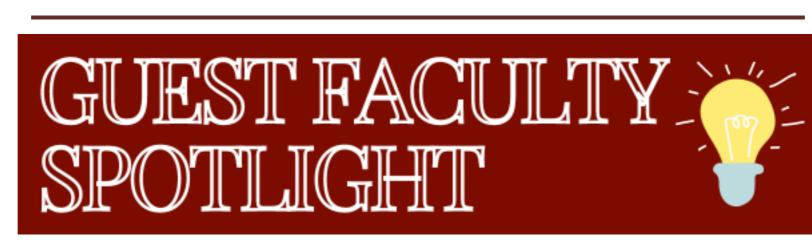
At the end of the session the students were looking forward to the break for the holidays and their class sessions will resume in February!

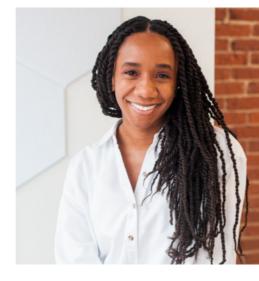
FELLOWS LEARNED PURPOSE & MEANING



Our Fellows had their January Class Session at Dickinson College in the Rector Science Complex. They covered Purpose, which challenges participants to take an introspective examination and discover their life's true purpose while questioning how we measure success. Then Steve Riccio, Faculty at Dickinson College, presented his workshop on "Finding Purpose & Meaning."

After lunch, Greg Hall, CPA with SEK, CPAs & Advisors presented on Nonprofit Finance to help the fellows understand their fiduciary and governance responsibilities. The group then got to experience the Planetarium at Dickinson College before finishing out the day listening to a presentation by Kelly McGinley, Principal of Function & Flow. She presented "Start with Better Meetings" where the fellows learned how to avoid common meeting mishaps and discovered the 5-Step Better Meetings Method. They look forward to seeing what they have to learn about at their February Class!





Brianna Campbell, Coaching & Consulting Brianna is a strengths coach, workshop facilitator, and a herbal tea fanatic. For the past ten years she has studied people, leaders, and the power of compelling stories. In 2013 she kicked off her college experience at Harrisburg Area Community College where she jumped two feet into a world of long essays and persuasive speeches. Two years later, armed with her associates degree she transferred to Cornell University where she completed her bachelor's degree in communication. At the beginning of 2022, she became a selfemployed strengths coach, workshop facilitator, and speaker.



Dr. Ivy Buchan, Helix Strategies Dr. Buchan fell in love with volunteerism and board governance in high school as the president of a community service group. While working at a domestic violence shelter in college she decided to focus her career in the nonprofit sector. With 20+ years of experience, Ivy founded Helix Strategies, LLC in 2017. Helix works with nonprofits to develop strategic solutions to fundraising and leadership challenges. Her team specializes in fundraising/engagement strategies, board development, strategic planning, membership-based evaluation, organizations, foundations.



Marcellus Taylor, Ed. D, Partnership for Better Health Marcellus Taylor, Ed.D. serves as Director of Health Equity at the Partnership for Better Health. He joined the foundation in 2021 and leads a portfolio of grants and initiatives focused on advancing health equity. He mobilizes strategies to engage historically marginalized communities and people with lived experience through the sharing of power and decision making, towards addressing health disparities and shaping a more equitable future. Dr. Taylor brings 10 years of experience in engaging diverse populations in leadership development. Prior to joining the foundation, Dr. Taylor served as Director of Diversity and Inclusion for Penn State College of Medicine.

WILL YOU JOIN US FOR OUR NONPROFIT **VOLUNTEER FAIR?**



Thursday, March 21 | 3:00 - 5:00 PM | Carlisle Masonic Lodge

Join us at our Nonprofit Volunteer Fair where you will have the opportunity to network with over 30 nonprofit organizations and our current Leadership Cumberland Class of 2024!

- Learn about ways to volunteer in the community or get involved on a board • Discover how you can advocate for our nonprofit partners
- Network with LC alumni, our current class, and members of the community • A chance to win gift baskets for participation and enjoy delicious refreshments!

REGISTER YOUR ATTENDANCE HERE

(Nonprofit Vendor participation is limited to the organizations who have LC Fellows completing Board Internships with them. For any questions or inquiries, email Nicole Deary.)

SAVE THE DATE FOR OUR UPCOMING EVENTS!



LC FELLOWS CLASS OF 2024 **GRADUATION & RECEPTION** THURSDAY, MAY 9, 2024

3:30 - 6:30 PM **PENN HARRIS HOTEL** SPONSORED BY:



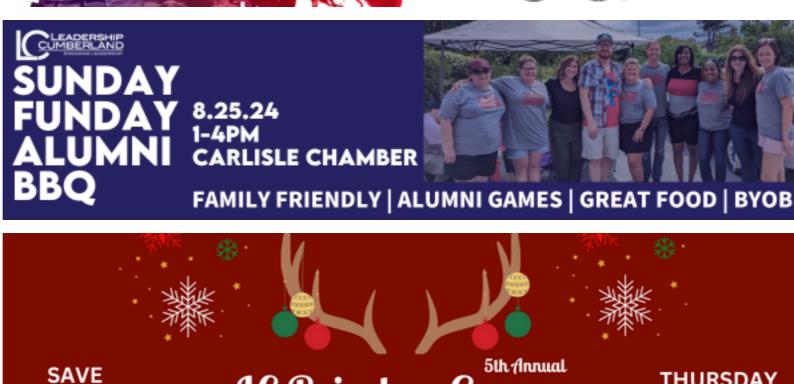
THE DATE

SAVE THE DATE MAY 29, 2024 5:00-7:00 PM CENTRAL PENNSYLVANIA YOUTH BALLET SPONSORED BY:

My UPMC

THURSDAY

12.12.2024



NONPROFIT BOARD OPENINGS, **VOLUNTEER OPPORTUNITIES & RESOURCES**

IC Reindeer Games

Nonprofit Needs To Share?

Do you have any Send them to <u>director@leadershipcumberland.org</u> to include them here in the next Newsletter!

Carlisle Area Healthcare Auxiliary (CAHA) - UPCOMING FUNDRAISERS CAKE and FLOWERS are hard to resist! Celebrate Valentine's Day at the Auxiliary's NOTHING BUNDT CAKES FUNDRAISER on Tuesday, February 13, 2024 between 11am and 2pm at the UPMC Carlisle hospital cafeteria. BUNDLETS (serves 1-2) and BUNDTINIS (cupcake size) will be available in a variety of yummy flavors! COME EARLY as last year's event saw long lines and sold out early.

EASTER FLOWERS are coming soon. EASTER is early this year so don't delay in placing your order. Please contact the UPMC Carlisle gift shop at 717-960-3661 mid to late February for order forms. Orders must be paid in advance with either check or cash. A nice way to welcome Sping!

Carlisle Area Healthcare Auxiliary (CAHA) - BOARD & VOLUNTEER INVITE

wellness in the greater Carlisle Area through outreach, education and fundraising. The Auxiliary has opportunities for volunteers to serve as board members, committee members and to join as general members. The 1st VP position is currently available as are volunteer opportunities in the UPMC Carlisle gift shop. To learn more about CAHA and opportunities to work with us, please contact Denise Garman, CAHA Nominating Committee Chairperson and Manager, Customer Relations/Volunteers at garmandl@upmc.edu. Please look at CAHA's Facebook page as well to learn more about our 100+ year tradition of volunteer service!

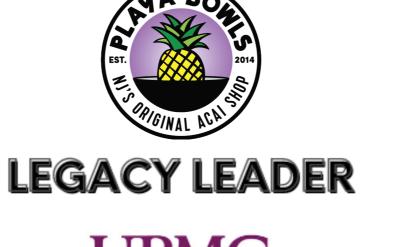
CAHA is a non-profit, volunteer-driven organization committed to promote healthcare and

Carlisle Area Healthcare Auxiliary (CAHA) - SCHOLARSHIP APPLICATIONS OPEN CAHA is currently accepting scholarship applications for traditional and non-traditional students in the Cumberland County region who are pursuing an education in the healthcare field. Healthcare majors could include nursing majors, radiology technicians, Physician's Assistant, therapy degrees such as physical, respiratory, occupational and speech, medical and surgical technology. Many of the scholarship recipients are now employed at UPMC Carlisle, at Rehabilitation and Long Term Care facilities and at local medical practices. Applications are available for pick-up at the UPMC Carlisle gift shop or the visitors desk.

Application deadline is April 15, 2024. Please contact Ellen Hair, Scholarship Co-chairperson, at 717-486- 4179.

THANK YOU TO OUR '23-'24 SPONSORS

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